



## ESF Human Solutions Sdn Bhd

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Course Serial No. 10001447805

# QUEST FOR EXCELLENCE

## 2 Days Course (9.00am – 5.30pm)

### COURSE OVERVIEW

Successful organizations view people as the most invaluable asset. Corporate cultural excellence rests on the quality of employees who know, care, and want to do their best for their company. Thus, employees at all levels must have the job knowledge, skills and the right attitude to perform well and produce results. Often, many employees react to factors (company health and personal problems) beyond their control and become frustrated in doing a fine job. As a result, they become demoralized affecting the caring part of doing a good job. Such employees in the due time gradually degrade themselves to become problem employees in their organization.

The 2-day program on “Quest for Excellence” is specially designed to help employees to look inward (continuously developing their know-how and de-freezing their lesser self) into themselves rather than outward (reacting to the hygiene factors and personal problems) to become star performers.

Participants would go through a series of psychology exercises, games, and lectures geared to instill self-awareness of their strengths and shortcomings, their perception about themselves, others and the organization and the journey they have to go through to attain success in their career and life.

### COURSE OBJECTIVES

At the end of the program, participants would:

- Understand the concept of excellence in carrying out their duties and responsibilities

- Be able to analyze their performance and transform themselves into outstanding employees
- Be able to understand one’s strengths and shortcomings and develop oneself to fit one’s career
- Learn how to cultivate good habits and values in life
- Learn to develop action plans for continuous self-improvement in upgrading one’s skills and de-freezing one’s negative attitude
- Understand the psychological process of self-change

### HOW YOU WILL LEARN – FACE TO FACE

A blend of training techniques encompassing lectures, psychometric instrument, psychological exercises, games and workshops

### WHO SHOULD ATTEND

Manager, executive and non-executive who want success in their career and life. Also, for all employees in an organization to create a culture

### COURSE CONTENTS

- Importance of becoming a star performer and its impact on self, others and the organization
- What type of performer am I?

### Note:

For more details, please reach out to us via 6012-396 2382 (Mobile or WhatsApp) for brochure or in-house program arrangement